

STRENGTH & DEVELOPMENT SUMMER CAMPS

PIKE
FITNESS
HOME OF CROSSFIT 202

INFO@PIKEFITNESS202.COM

484 206 7957

DATES IN JUNE, JULY AND AUGUST

12-18 YEAR OLDS / 1-3PM DAILY

MEMBERS \$150 / NON MEMBERS \$200 PER WEEK



★ SPEED

★ ENDURANCE

★ AGILITY

★ STRENGTH

Through training & learning all aspects of fitness, our young athletes will significantly improve their overall performance in any sport

Our highly qualified coaches will provide a safe, supportive, fun and challenging environment to ensure every participant achieves their full potential

MAKE NEXT SEASON YOUR BEST EVER